#### For more information about this guide:

Great Start Collaborative Cass County
61682 Dailey Rd.
Cassopolis, MI 49031
(269) 445-6217
www.greatstartcass.org

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## The Great Start Collaborative Cass County is proud to present the 2023 Cass County Resource Guide.

Throughout the guide you will find a diverse range of resources available to Cass County residents and providers. We take pride in serving the community and are committed to being there when you need us. This guide is the result of many hours of teamwork among several partners in Cass County. We hope it will offer the assistance you seek in locating the services you need.

Cheers to a safe, healthy, thriving community,

#### **Great Start Collaborative Cass County:**

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- Great Start Collaborative Cass County Parent Coalition:
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- Heritage Southwest Intermediate School District:
  - Vicki Foote, Betsy Bradley & Lela Broussard
- Michigan Department of Health and Human Services (Cass, St. Joseph):

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#### Tri-County Head Start:

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United Way of Southwest Michigan:

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#### Van Buren/Cass District Health Department:

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Girl Scouts:

Kelley McCarthy & Amy Kanouse

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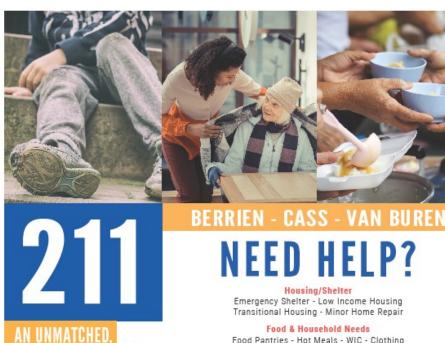
**Pokagon Band:** 

Jennifer LeBlanc

**Gryphon Place 211:** 

Ashley Bergeon

<u>Notes</u>



Dial 211 (or 844.875.9211) Text Zip Code to 898211 mi211.org

CRITICAL SERVICE



Speak with a live, highly trained service professional in your area. All calls are confidential.

ACCESSIBLE 24/7/365 +180 LANGUAGES + COMPLETELY CONFIDENTIAL

Food Pantries - Hot Meals - WIC - Clothing Diapers - Furniture

#### Employment

Employment Prep/Assistance Financial Information/Education

#### Financial Assistance

Utility Assistance - Bus Tickets/Gas Money Rental Deposit/Payment Assistance

#### Health Care

Primary Care - Dental Care - Health Education Programs

Mental Health/Substance Abuse
Outpatient Substance Abuse Programs - Crisis Intervention Hotlines
General Counseling Services

#### Transportation

Local Transportation - Medical Transportation

Veteran, Elderly & Disabled Person Resources







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## HOTLINES

Addictions and Alcohol Hotline	212-870-3400
Alcoholics Anonymous	269-684-5304
Alzheimer's Association	800-272-3900
American Parkinson's Association	800-223-2732
American Cancer Society of Michigan	800-227-2345
American Lung Association	800-586-4872
Asthma and Allergy Foundation of America	800-727-8462
Autism Society of Michigan	800-223-6722
Brain Injury Association of America	800-444-6443
Bronson Health Answers	800-451-6310
Centralized Intake for Abuse and Neglect	855-444-3911
Consumer Protection Agency	877-765-8388
Cystic Fibrosis Foundation of Michigan	248-269-8759
Domestic and Sexual Assault Services	800-828-2023
Domestic Violence Coalition	269-655-9008
Epilepsy Foundation of Michigan	800-377-6226
Lions of Michigan (Eye Care/Glasses)	517-887-6640
Mental Health - 24 Hour Crisis	800-922-1418
Migrant Farmworker Health Helpline	800-377-9968
National Kidney Foundation of Michigan	800-482-1455
Ronald McDonald House	574-647-3020
Senior Info-Line	800-654-2810
Suicide Prevention Lifeline	988
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## CHILD/TEEN RESOURCES

#### **Ark - Services for Youth**

990 W. Kilgore - Kalamazoo, MI 49008

ccdok.org

269-343-8765 or 800-873-8336

Housing and support services for runaway, homeless and youth in crisis.

Ages 10-17.

#### **Ark Youth Independent Living**

1819 Gull Road - Kalamazoo, MI 49048

ccdok.org - 269-381-9800 or 800-873-8336

Housing support and outreach for ages 17-21.

### **Berrien RESA Consortium for McKinney-Vento**

711 St. Joseph Ave. - Berrien Springs, MI 49103

berrienresa.org/ - 269-471-7725 x 1155

Help for school age children and youth experiencing housing instability.

#### Big Brother Big Sister Southern Lake Michigan Region

218 W. Washington St. Ste 710 - South Bend, IN 332 Elkhart Rd. - Goshen, IN 46526

becomeabig.com

SB: 574-232-9958 Goshen: 574-830-5013

Provides children 6-17 with one-on-one, professionally supported mentoring.

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#### **Great Start Collaborative Cass County**

61682 Dailey Rd. - Cassopolis, MI 49031

greatstartcass.org - 269-445-6217

The Collaborative offers families a one-stop resource, where all of Cass County's programs and services have been researched and can be matched to your family's needs to help children succeed.

#### **Heritage Southwest ISD Early Childhood Department**

61682 Dailey Rd. - Cassopolis, MI 49031

hsisd.org - 269-445-6283

Early education for children ages birth to five and their families.

#### Heritage Southwest ISD Early On - Build Up Michigan

61682 Dailey Rd. - Cassopolis, MI 49031

hsisd.org - 269-445-6250

Early On offers early intervention services for infants and toddlers, birth to three years of age, with developmental delays and/or disabilities, and their families.

### **Junior Achievement of Berrien and Cass County**

berriencasscounties.ja.org - 260-484-2543

Giving young people age 5 - high school the knowledge and skills they need to own their economic success, and plan for their futures.

#### **Lighthouse Christian Childcare Center**

30402 M-62 W - Dowagiac, MI 49047 - 269-782-1193

Non-subsidized childcare program for 0-144 months.

#### **Disabled American Veteran Shuttle (DAV)**

269-683-9380

DAV offers veterans shuttle service from two designated pick-up points in Niles and Cassopolis to Battle Creek Medical Center for treatment. Battle Creek Medical Center is also the transportation transfer point for veterans that need to go on to Ann Arbor or Detroit for additional medical treatment.

# Therapeutic Equestrian Center TEC WITH VETS PROGRAM

Mailing: P.O. Box 1250 - Niles, MI 49120
Barn location: Stockbridge Equestrian Center,
615 M-140 - Watervliet, MI 49098

tecfarm.org - 269-429-0671

TEC WITH VETS is a place of healing for veterans, active military personnel, and their family members. This program combines equine assisted learning and therapeutic riding.

#### **Veterans of Foreign Wars**

vfw.org

Post 10704

131 S. Broadway St. - Cassopolis, MI 49031 - 269-445-8278

Post 1855

472 E. Division St. - Dowagiac, MI 49047 - 269-782-2235

Post 2284

M 62 South - Edwardsburg, MI 49112 - 269-663-8007

Post 4054

PO Box 606 - Marcellus, MI 49067 - 269-646-3498

#### **Tri-County Head Start**

775 Hazen St. - Paw Paw, MI 49079

tricountyhs.org - 269-657-2581

Preschool and education (center and home-based) for prenatal moms, and children birth to age 5, for families that qualify.

# <u>United Way of Southwest Michigan - Dolly Parton's</u> <u>Imagination Library (DPIL)</u>

P.O. Box 288 - St. Joseph, MI 49085

uwsm.org/dpil - 269-982-4029

UWSM fights for the health, education and financial stability of every person in every community. DPIL provides a free book monthly to a child registered in the program from birth to his/her fifth birthday.

#### **YMCA of Greater Michiana**

509 North Front Street - Niles, MI 49120 3665 Hollywood Rd. - St. Joseph, MI 49085

ymcagm.org

Niles: 269-683-1552 St. Joseph: 269-428-9622

State licensed preschool for ages 3 and 4 in both Niles and St. Joseph. Fitness classes, programs and events for all ages. Summer day camps, child care, youth sports and fitness, personal trainers, senior classes and more.

#### **Michiana Family Center**

PO Box 398 - Edwardsburg, MI 49112

michianafamilycenter.org - 540-597-0429

Michiana Mentors, Teen and Family Support groups and

Michiana Care teams.

### **TRANSPORTATION**

#### **Cass County Public Transit**

400 E. State St. - Cassopolis, MI 49031

mywaythere.org/cass.asp - 269-445-2455

Cass County Public Transit Authority is a shared ride transportation system for Cass County residents, with special reduced fares for seniors and individuals with disabilities. Mon. - Fri. 6:00 am to 5:00 pm.

24 hour reservation recommended.

#### **Dowagiac Dial-A-Ride Transit (DART)**

200 Depot St #1 - Dowagiac, MI 49047

mywaythere.org/services\_3.asp - 269-782-3300

The Dowagiac Dial-A-Ride Transit (DART) provides service to the community of Dowagiac with service extended out to Southwest Michigan College. Dowagiac DART offers a 24 hour advance reservation curb to curb service. It is available to anyone, any age residing within the city limits of Dowagiac and within a one mile radius of the city limits. Reduced fares for seniors and youth. Reservations taken Mon. - Fri. 8:00 am to 5:00 pm.

#### **Our Father's Family Keeper Ministries**

61486 Donald Roadway West - Vandalia, MI 49095 ourfathersfamilykeeper.org - 269-476-1257

OFFKM provides short-term transportation assistance to those in need, such as from a shelter residence to and from medical appointment. Emphasis on assisting single mothers with their transportation needs.

#### **Cerebral Palsy Guide**

cerebralpalsyguide.com

866-756-6035

Cerebral Palsy Guide provides free educational materials, financial resources and support options for families affected by this condition and other birth injuries.

#### **Community Healing Center of Niles**

1225 S. 11th St. #101 - Niles, MI 49120

communityhealingcenter.org/niles

Age 18+ outpatient treatment to support the journey to sobriety.

#### **Disability Network of Southwest Michigan**

517 E. Crosstown Parkway - Kalamazoo, MI 49001

dnswm.org

269-345-1516 (Kalamazoo) or 269-985-0111 (Berrien)

Disability-related information, accessing disability-related benefits, disability rights advocacy, ADA compliance/diversity, support groups access ramps, assistive technology, independent living supports and other referrals.

#### Federated Covenant Church - Celebrate Recovery

202 Center St. - Dowagiac, MI 49047

269-782-5656 - For more info: Info@CelebrateDowagiac.org

A Christ centered program that gives people the resources and relationships to help recover from life's hurts, habits, and hang-ups. This is a program for anyone struggling with past or current dysfunctions or compulsions, whether they are affecting their own life or the lives of those around them.

Celebrate Recovery meets @ 6:30pm Saturday evenings.

## SOCIAL/RECREATIONAL

#### **Cass District Library**

319 M-62 - Cassopolis, MI 49031

cass.lib.mi.us - 269-357-7822

Provides a center for information, education, culture, and recreation for all patrons throughout their life span, through the library's collections, programs and special services. Refer to website for upcoming programs.

#### **Branch locations:**

**Edwardsburg Branch:** 

26745 Church St. - Edwardsburg, MI 49112 - 269-487-9215

Howard Branch:

2341 Yankee St. - Niles, MI 49120 - 269-487-9214

Mason-Union Branch:

17049 US 12 - Edwardsburg, MI 49112 - 269-357-7821

#### **Dowagiac District Library**

211 Commercial St. - Dowagiac, MI 49047

dowagiacdl.org

269-782-3826

Access to ideas, information, experiences and resources for life-long learning.

Programs, resources and services for all ages.

#### **Michigan Rehabilitation Services**

325 M-62 - Cassopolis, MI 49031 mi.gov/mrs

269-445-0253 or toll free 800-605-6722

Advocate and protect the rights of people with disabilities in Michigan.

#### **Pokagon Band Behavioral Health Services**

58620 Sink Rd. - Dowagiac, MI 49047

pokagonband-nsn.gov - 269-782-2476

Outpatient counseling for mental health & substance abuse.

# Shepard House Counseling and Psychological Services, P.C.

903 Main St. - St. Joseph, MI 49085 107 N. Broadway St. - Cassopolis, MI 49031

shepardhouse.info 269-985-2000 (St. Joseph) or 269-445-0999 (Cassopolis)

Individual, couple/marital and family counseling for all age groups.

# Stephen Ministries (Our Lady of the Lake Church)

24832 US Highway 12 E - Edwardsburg, MI 49112 ourladyedwardsburg.org/christian-life 269-479-5364

Christian care and support for adults going through difficulty - grief, divorce, life stages, etc. Age 18 and older. No charge.

#### **Southwest Vision Center**

69001 M-62 - Edwardsburg, MI 49112 (269-414-4492)

55021 M-51 N. - Dowagiac, MI 49047 (269-782-3476)

swvisioncenter.com

Eye care with two convenient locations in Cass County.

#### Van Buren/Cass District Health Department

302 S. Front St. - Dowagiac, MI 49047

vbcassdhd.org - 269-621-3143 or 269-782-0064

Services for all county residents of any age and any income level. Some of the services provided include: Community Dental Clinic, HIV/AIDS and STD testing, flu shots, immunizations, communicable disease control (Tb testing), and vision and hearing screening.

# <u>Children's Special Healthcare Services</u> (Van Buren/Cass District Health Department)

302 S. Front St. - Dowagiac, MI 49047

vbcassdhd.org/medical-services/childrens-special-health/ 269-621-3143 or 800-359-3722

To be eligible for Children's Special Health Care Services, children must have a qualifying medical condition and be 20 years old or under. Persons 21 and over with cystic fibrosis or certain blood clotting disorders may also qualify for services.

#### **Women's Care Center**

621 E. Main St. - Niles, MI 49120

womenscarecenter.org/niles-michigan - 269-684-4040

Provides free, confidential counseling, support and education for pregnant women. Free pregnancy testing and ultrasounds.

### **DOMESTIC VIOLENCE & SHELTERS**

#### **Ark - Services for Youth**

990 W. Kilgore - Kalamazoo, MI 49008

ccdok.org - 800-323-7740

800-873-TEEN (8336) - 24 hour crisis hotline

Housing and support services for runaway, homeless and youth (age 10-17) in crisis. Also has 21-day short-term shelter.

#### **Centralized Intake for Abuse and Neglect**

michigan.gov/mdhhs/adult-child-serv/abuse-neglect 855-444-3911 - 24 hour crisis hotline

#### **Domestic and Sexual Abuse Services (DASAS)**

P.O. Box 402 - Three Rivers, MI 49093

dasasmi.org - 800-828-2023

Non profit serving men, women, and children harmed by domestic/sexual/ partner violence. Services also include personal protection orders, emergency shelter, and support groups.

#### **Homeless Shelter Directory - Online**

homelessshelterdirectory.org

Click on state and city on website to find shelters in your area.

#### **Dowagiac Family Dentistry**

530 Riverside Dr. - Dowagiac, MI 49047 dowagiacdental.com - 269-240-9688

Dental office in Dowagiac. Membership plans available.

# Edwardsburg Family Medicine (Beacon Medical Group)

27082 W. Main St., P.O. Box 628 - Edwardsburg, MI 49112 beaconhealthsystem.org - 269-663-8288

Early Monday hours 6:30 am-1:30 pm, also open 2nd Saturday of month.

#### **Intercare Community Health Network (WIC)**

901 Spruce St. - Dowagiac, MI 49047 intercare.org/wic.html - (269) 782-3374

Food and breastfeeding assistance for pregnant moms and children 0-5 years.

#### **Matthew Cripe, DDS**

303 Hamilton St. - Dowagiac, MI 49047 or 104 Grant St. – Niles

matthewcripedds.com - 269-782-5511

Dental office. Payment plans available. Not in Medicaid Network.

#### **MSU Extension Service - Nutrition**

120 N. Broadway, Ste. 116 - Cassopolis, MI 49031 canr.msu.edu/cass/index - 269-445-4473

Nutrition Classes for Youth and Adults.

### **EDUCATION AND EMPLOYMENT**

#### **Cassopolis Adult/Alternative Education**

725 Center St. - Cassopolis, MI 49031

cassopolis.k12.mi.us - 269-445-0536

The Adult/Alternative Education program located at the Squires Education Center is part of the Cassopolis Public School System. It is designed to meet the educational needs of those 16 years and older. The program offers a high school diploma. Squires is a GED testing center.

#### **Cassopolis Public Schools**

114 S. Depot St. - Cassopolis, MI 49031

cassopolis.k12.mi.us - 269-445-0519

K-12 public school system.

#### **Dowagiac Union Schools**

243 S. Front St. - Dowagiac, MI 49047

dowagiacschools.org - 269-782-4400

K-12 public school system.

### **Edwardsburg Public Schools**

69410 Section St. - Edwardsburg, MI 49112

edwardsburgpublicschools.org - 269-663-3055

K-12 public school system.

## MEDICAL / DENTAL CARE

#### **Aetna Better Health**

1333 Gratiot Ave., Suite 400 - Detroit, MI 48207 aetnabetterhealth.com/michigan

866-316-3784 (Medicaid) 855-676-5772 (Duals)

Offers plans for people who qualify for Medicaid, Healthy Michigan, and Medicare-Medicaid plans.

# Breast and Cervical Cancer Control Navigation Program (BCCCNP)

311 E. Alcott St. - Kalamazoo, MI 49001

kalcounty.com/hcs/mch/bcccnp/

269-373-5213 or 888-243-4087

Offers free mammograms, clinical breast exams, Pap smears and pelvic exams to women who qualify, as well as follow-up care, medical referrals, and cancer treatment. Ages 21-64 and 250% of poverty level.

#### **CARES**

185 E. Main St. Ste, 600 - Benton Harbor, MI 49022 caresswm.org - 269-927-2437

Provides medical case management to maximize quality of life for those living with HIV; prevention education to minimize the transmission of the virus; support groups; LGBTQ Services.

#### **Marcellus Community Schools**

305 W. Arbor St. - Marcellus, MI 49067

marcelluscs.org - 269-646-7655

K-12 public school system.

#### Michigan Works!

33890 US 12 - Niles, MI 49120 120 N Broadway St, Room 219 - Cassopolis, MI 49031

miworks.org - 800-285-WORKS (9675)

Career information, education, and training for job seekers.
Workforce solutions for employers.

#### **Pathfinders Alternative & Adult Education**

501 N. Paul St. - Dowagiac, MI 49047

dowagiacschools.org - 269-782-4471

Pathfinders is part of the Dowagiac Union School System. It is designed to provide a non-traditional educational program to meet the unique needs of our students. Students can earn a high school diploma or GED.

### Pokagon Band of Potawatomi Department of <u>Education</u>

58620 Sink Rd. - Dowagiac, MI 49047

pokagonband-nsn.gov - 269-782-0887

The Pokagon Band Department of Education provides opportunities to promote lifelong learning among all tribal citizens. Offerings include Early Childhood Education, K-12 opportunities, Higher Education Assistance Program (HEAP), and Elders Program.

#### **Salvation Army**

424 N. 15th St. - Niles, MI 49120

saniles.org - 269-308-1336 or 269-684-2660

Emergency utility and rental assistance. Food assistance and school supplies.

#### **Southwest Michigan Community Action Agency**

325 M-62 Highway - Cassopolis, MI 49031

smcaa.com - 269-925-9077

<u>Emergency shelter</u> for women, children, and families for up to 90 days. Located in Decatur, MI (210 E. Delaware St. 269-605-4210). Referral from the Department of Health and Human Services, or other agencies.

#### Commodity Supplement Food Program (CSFP)

Commodity Supplement Food Program (CSFP) is a food supplement program for income-eligible seniors, where food boxes are distributed monthly.

#### Temporary Emergency Food Assistance Program (TEFAP)

Temporary Emergency Food Assistance Program (TEFAP) is a food supplement program for anyone who is struggling and in need of food.

SMCAA provides funds for individuals and households who are at risk of losing their heat or electricity to income-eligible clients who are at risk.

#### **True North Community Services**

6308 S. Warner Ave., P.O. Box 149 - Fremont, MI 49412

truenorthservices.org - 231-355-5880

Heat and energy assistance through Consumers Energy's Consumers Affordable Resource for Energy (CARE) and through emPower's one-time heat and energy assistance.

## **EMERGENCY/DISASTER**

### **American Red Cross of Southwest Michigan**

5640 Venture Court - Kalamazoo, MI 49009 redcross.org 269-353-6180

The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.

#### American Red Cross provides services to Military

877-272-7337

For veterans and their families.

#### **Diocesan Heating Assistance Program**

1819 Gull Rd. - Kalamazoo, MI 49048

ccdok.org - 269-381-9800

Contact any Catholic Church in the Diocese of Kalamazoo for referral. Help for anyone in the nine counties served. Runs January - March or until funds run out. Tuesdays and Thursdays 9:00 to 12:00.

#### **Dowagiac Housing Commission**

100 Chestnut St. - Dowagiac, MI 49047

269-782-3786

Low to moderate income households. <u>The Chestnut Towers</u> are for near elderly, elderly, and disabled. <u>Parkside Town Homes</u> are for families. Accepts Section 8.

#### **Fair Housing Center of Southwest Michigan**

405 W. Michigan Ave. #6 - Kalamazoo, MI 49007

fhcswm.org - 269-276-9100 or 866-637-0733

The Fair Housing Center of Southwest Michigan provides complaint and intake services to residents who believe they've been the victims of housing discrimination, and education and outreach on fair housing issues working with the State of Michigan, housing developers, housing managers, and others to promote compliance with federal fair housing laws.

### **Habitat for Humanity**

habitat.org/volunteer/near-you/find-your-local-habitat

800-422-4828

Provides decent, affordable homes to low-income families. Homeowners help build their own homes alongside volunteers and pay an affordable mortgage.

#### **Birth Queens and Milk Queens**

Southwest Michigan and surrounding areas facebook.com/BirthQueensandMilkQueens 269-861-6163 (call or text)

Birth Queens and Milk Queens offers comprehensive birth doula and lacta-

### Michigan Department of Health and Human Services (MDHHS) - Cass County Assistance

325 M-62 - Cassopolis, MI 49031 michigan.gov/mdhhs - 269-445-0200

Provides Medicaid enrollment, food assistance, and emergency support for individuals and families.

#### **Pokagon Band of Potawatomi Social Services**

58620 Sink Rd. - Dowagiac, MI 49047 pokagonband-nsn.gov - 269-782-8998 or 800-517-0777

Provides a variety of services for members of the Potawatomi Tribe.

# Southwest Child Care Resources - Great Start to Quality

5250 Lovers Lane LL 120 - Portage, MI 49002 ccr4kids.org - 269-349-3296

greatstarttoquality.org/find-programs/

Connects families with listings for high quality childcare and early education opportunities.

## HOUSING/HEAT/UTILITIES

# <u>Cass County Apartment Complexes & Mobile Home Parks</u>

The following list may be helpful for those seeking a place to live based on age and/or income.

#### Key:

S/D - (Senior/Disabled)

Sub - (Subsidized)

RO - (Rent to Own)

AF - (Application Fee)

Name	Phone	Location	Info
Autumn Hills	269-468-4005	Dowagiac	
Cedar Sands Apts.	269-782-5734	Dowagiac	
Chestnut Towers	269-782-3786	Dowagiac	S/D, Sub
Colonial Acres	269-663-2424	Edwardsburg	Disabled friendly, Credit Check \$50
Dowagiac Rotary Villa	269-782-3555	Dowagiac	S/D, Sub
Eagle Lake Estates	269-699-5233	Edwardsburg	
Eagles Wood/Trace	269-782-1917	Dowagiac	AF, Some S/D
Edwardsburg Estates	269-663-5085 866-964-2666	Edwardsburg	Waiting List
Edwardsburg Manor	269-663-8261	Edwardsburg	
Fair View Apartments	269-273-7841 or 269-445-2166	Cassopolis	Some Sub

### FOOD/CLOTHING/FURNITURE

#### **ACTION Ministries**

301 Main St. - Dowagiac, MI 49047

269-782-0000

Food pantry for low income and all ages. Saturdays 10:00-12:00, Senior Commodities - 2nd Tuesday, Mobile Pantries 2x/month.

### <u>Cassopolis First Church of God -</u> <u>Compassionate Cupboard</u>

21083 Spencer Rd. - Cassopolis, MI 49031

269-445-8500

Food pantry - Last Saturday of each month 9:00 am-11:00 am and emergency need.

#### **Calvin Center SDA Church**

19088 Brownsville Rd. - Cassopolis, MI 49031

269-476-2172

Food on demand, personal care items, baskets for newborns, baskets/ packets for women/men recently released from incarceration. By appointment only.

#### **Church of Cassopolis**

520 Pearl St. - Cassopolis, MI 49031

269-445-1869

Food pantry on 3rd Saturday of month 12:00 pm-2:00 pm.

### **HOSPICE & RESIDENTIAL CARE**

### **Cass County Medical Care Facility**

23770 Hospital St. - Cassopolis, MI 49031

casscountymedicalcarefacility.org - 269-445-3801

Long term and short term care and rehabilitation services. All ages and all income levels.

#### **The Timbers of Cass County**

55432 Colby St. - Dowagiac, MI 49047

atriumlivingcenters.com/Community/Michigan/the-timbers.aspx - 269-782-7828

Short term, long term and rehabilitation services.

#### **Hospice Care of Southwest Michigan**

222 N. Kalamazoo Mall #100 - Kalamazoo, MI 49007

centricacare.org

269-345-0273 or 800-304-0273

Support for individuals and their caregivers coping with illness, aging, dying, and loss by providing compassionate medical, emotional, spiritual, and personal care.

#### **Intercare Community Health Network (WIC)**

901 Spruce St. - Dowagiac, MI 49047

intercare.org/programs-services/wic-program/

269-782-3374

Food and breastfeeding assistance for pregnant moms and children 0-5 years of age.

# Saint Francis Outreach (Holy Maternity of Mary Parish)

210 N. Front St., P.O. Box 112 - Dowagiac, MI 49047 sacredheartsilvercreekmi.com/st-francis-outreach

269-760-0416 or 269-782-2808

Offer three clothing distributions throughout the year: a back to school distribution for select elementary and middle school children in the Dowagiac Schools, weekend food backpacks for Dowagiac elementary children, and clothing for select patients being released from Ascension Borgess-Lee Memorial Hospital, as well as community emergency needs and requests.

#### St. Paul's Episcopal Church

306 Courtland St. - Dowagiac, MI 49047

269-782-7033

Food pantry and community lunch 11:30 am to 1 pm on the last Saturday of month.

#### St. Paul's Lutheran Church

305 W. State St. - Cassopolis, MI 49031

stpaulcass.360unite.com - 269-445-3950

Food pantry - 3rd Saturday of the month 9:30 am to 11:00 am.